

# Going Deeper...New Life Church Small Group Message Reflection

November 1, 2015

**Based on Ephesians 4:17-32**

***“Conduit: Protecting against short circuits”***

## **Getting Started:**

1. What is the best piece of clothing you have had for years and can't seem to discard?

## **Going Deeper:**

1. How would you compare moral standards today with the moral standards in Paul's day?
2. What does it mean “to put off your old self” (v. 22) and “to put on the new self” (v. 24)?
3. How do you usually deal with anger? What do you learn about anger from verses 26-27?
4. What grade would you give yourself on putting verse 29 into practice this last week?
5. From verses 31 and 32, what negative attitudes should we eliminate and what positive attitudes should we cultivate?
6. How have your attitudes, actions and thoughts changed since turning your life over to God?

## **Applications:**

1. What are the positive and/or negative motivations which prompt you to live a Christian life? Where do you feel you are making progress in your Christian life?
2. Of all the commands given here for Christian living, which seems to be the major command God is challenging you with in your life?

*Questions from: Serendipity Bible, NIV Version*